



Eyebrow Tattoo Aftercare Guide

Proper healing ensures your brows heal evenly, retain pigment, and prevent infection. Neglecting aftercare can lead to pigment loss, patchiness, or even scarring.

Day-by-Day Healing Process

- **Day 1–2: Fresh & Bold** – Brows will appear darker and more defined than expected. Mild redness, swelling, or tenderness is normal. Clean twice daily with sterile water or the recommended aftercare cleanser. On the first day, gently blot the brows only.
- **Day 3–5: Scabbing Begins** – Pigment may oxidise, making brows appear darker. Small scabs or dry patches may form. Do not pick or scratch.
- **Day 6–10: Flaking & Lightening** – Brows will begin to flake and may appear patchy. The pigment underneath may look lighter than expected. Lightly moisturise with the recommended aftercare balm.
- **Day 11–14: Colour Settles** – Flaking stops and the skin begins to regenerate. The colour gradually evens out. Continue gentle cleansing and moisturising.
- **Week 4–6: Healed Brows** – The true colour and shape appear. This is the ideal time for your perfecting touch-up session.

Do's and Don'ts

- DO: Clean gently twice a day with a sterile pad or recommended cleanser from the day after your appointment.
- DO: On the first day, blot the brows only.
- DO: Apply a rice-grain amount of aftercare balm once or twice daily if advised.
- DO: Keep the area dry except when cleaning.
- DO: Sleep on a clean pillowcase.
- DON'T: Do not wet the brows excessively (avoid swimming, saunas, and hot showers).
- DON'T: Do not apply make-up on or near the area while healing.
- DON'T: Do not scratch, rub, or pick at the brows.
- DON'T: Avoid direct sun exposure, tanning beds, and heavy sweating for 10–14 days.
- DON'T: Do not use anti-ageing or acne products on the area while healing.

Product Recommendations

- Cleanser: Provided by your artist.
- Moisturiser: Provided by your artist.
- Optional: SPF once fully healed to help preserve pigment.

Frequently Asked Questions

- **My brows look too dark — is that normal?**

Yes. The colour will lighten by approximately 30–50% as they heal.

- **What if scabs come off early?**

Avoid further trauma. Some pigment loss may occur but can usually be corrected during the touch-up session.

- **When can I return to the gym?**

Avoid sweating and heavy exercise for at least 7–10 days.

- **When should I schedule my touch-up?**

Between 4–8 weeks after the initial procedure.